

# Learning from the past

## An overview of Mediterranean Ancestral Hydrotechnologies



**Dr. Jordi Morató**

Microbial Ecologist / Sustainability Science

[jordi.morato@upc.edu](mailto:jordi.morato@upc.edu)

<http://www.unescosost.org>



UNIVERSITAT POLITÈCNICA  
DE CATALUNYA  
BARCELONATECH  
UNESCO Chair on Sustainability





# A WORLD IN CLIMATE HEALTH EMERGENCY

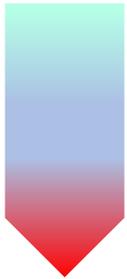


## Future of the human climate niche

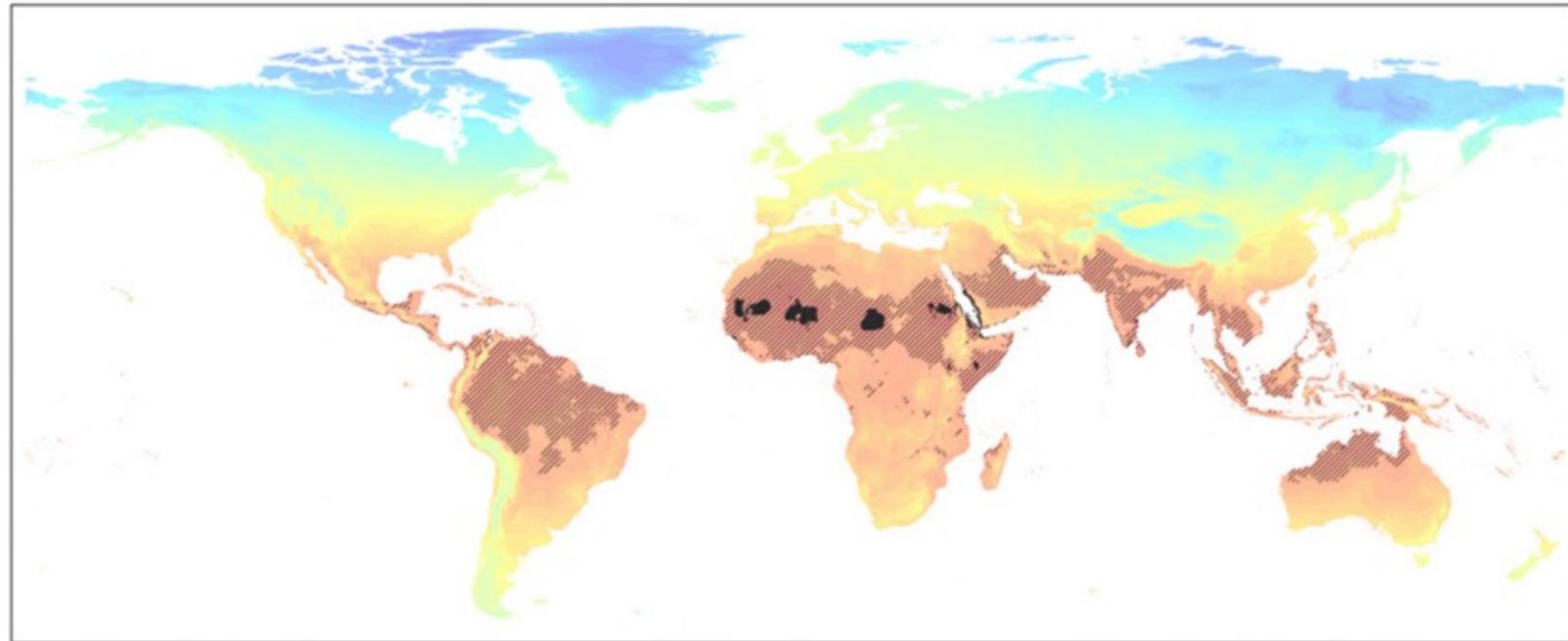
Chi Xu (徐驰)<sup>a,1</sup>, Timothy A. Kohler<sup>b,c,d,e</sup>, Timothy M. Lenton<sup>f</sup>, Jens-Christian Svenning<sup>g</sup>, and Marten Scheffer<sup>c,h,i,1</sup>

<sup>a</sup>School of Life Sciences, Nanjing University, Nanjing 210023, China; <sup>b</sup>Department of Anthropology, Washington State University, Pullman, WA 99164; <sup>c</sup>Santa Fe Institute, Santa Fe, NM 87501; <sup>d</sup>Crow Canyon Archaeological Center, Cortez, CO 81321; <sup>e</sup>Research Institute for Humanity and Nature, Kyoto 603-8047, Japan; <sup>f</sup>Global Systems Institute, University of Exeter, Exeter, EX4 4QE, United Kingdom; <sup>g</sup>Center for Biodiversity Dynamics in a Changing World, Department of Bioscience, Aarhus University, DK-8000 Aarhus C, Denmark; <sup>h</sup>Wageningen University, NL-6700 AA, Wageningen, The Netherlands; and <sup>i</sup>SARAS (South American Institute for Resilience and Sustainability Studies), 10302 Bella Vista, Maldonado, Uruguay

**HUMAN CLIMATE NICHE**  
(mean annual T)  
**11-15 °C**



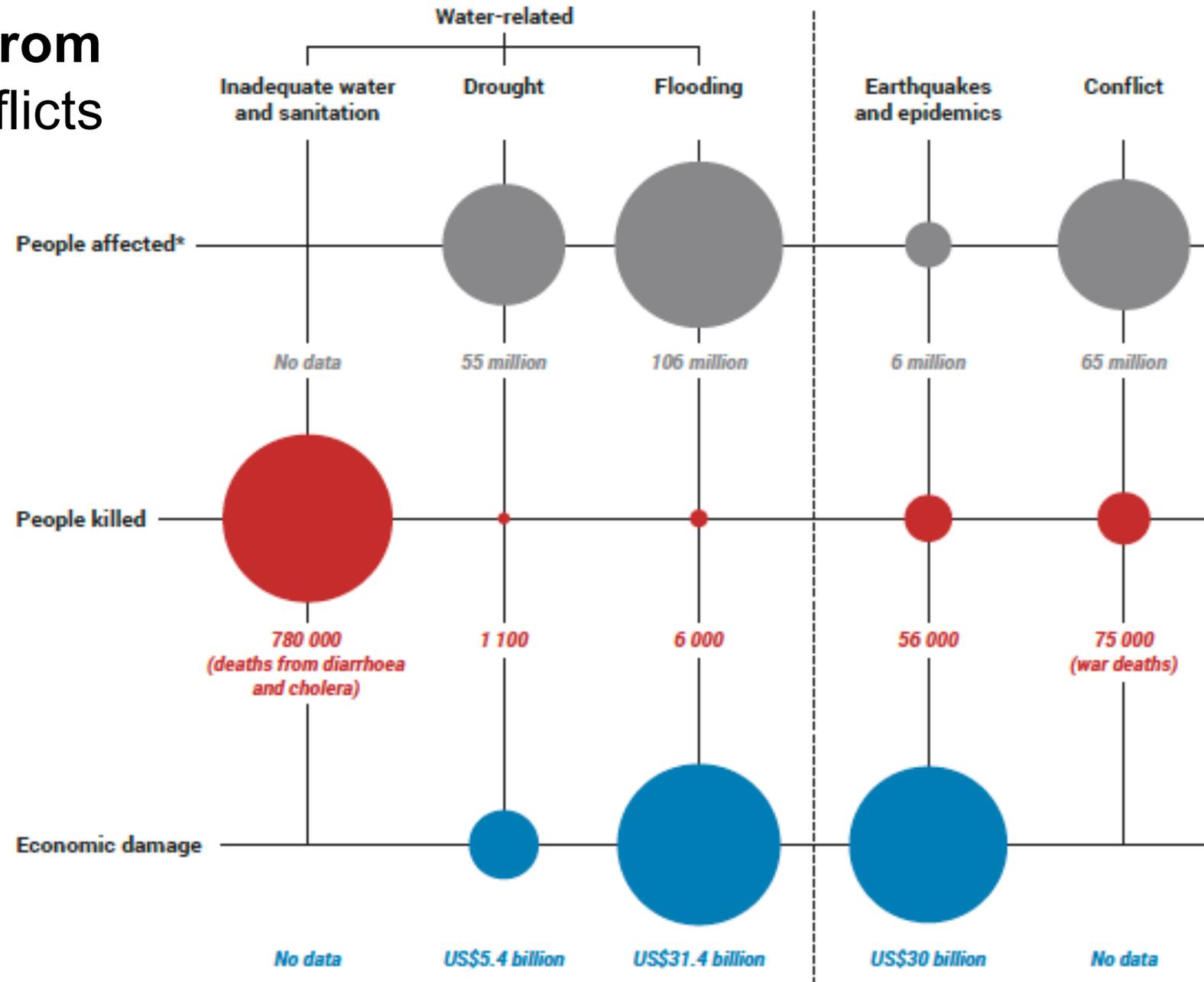
**MAT > 29°C**  
**50 year scenario**



Mean annual temperature



# Average annual impact from water problems and conflicts



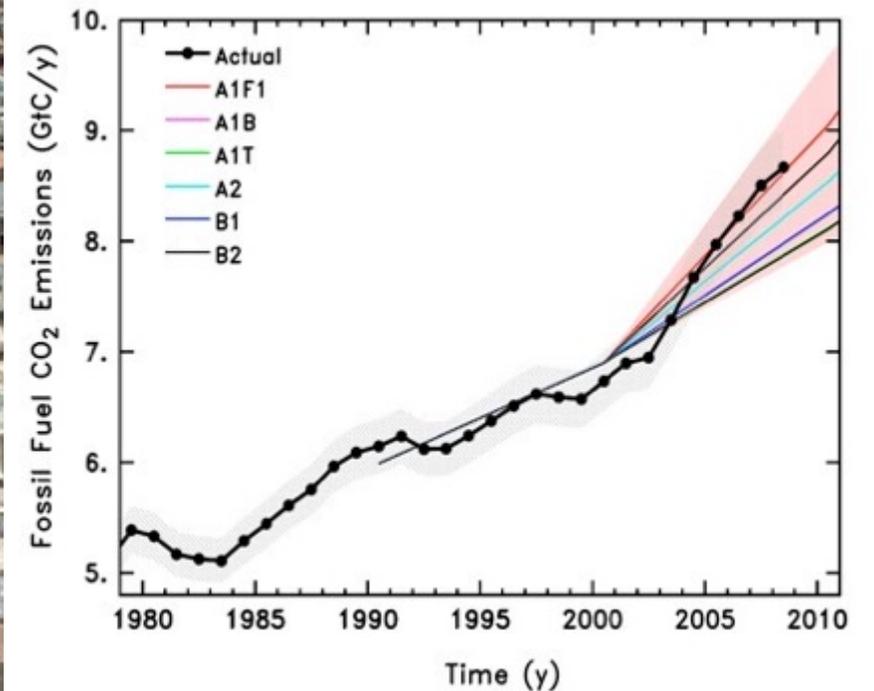
**Territorial model that  
spreads and expands to  
exploit resources**

**City as a consumption  
system**

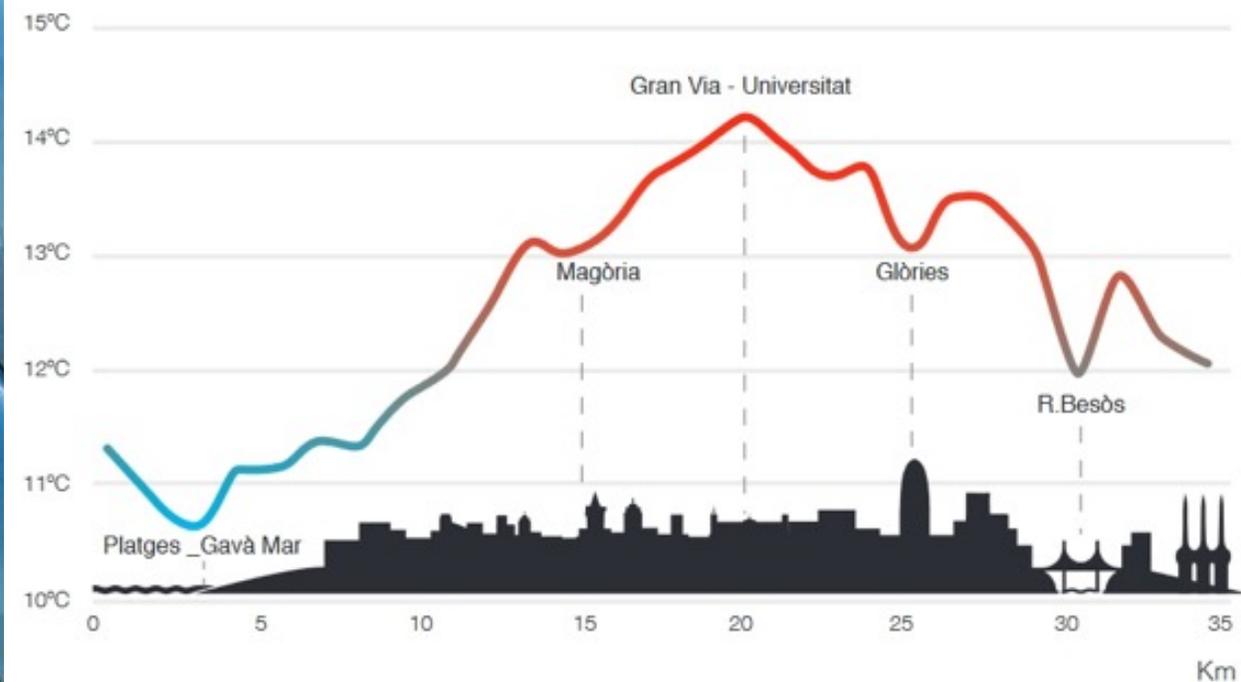
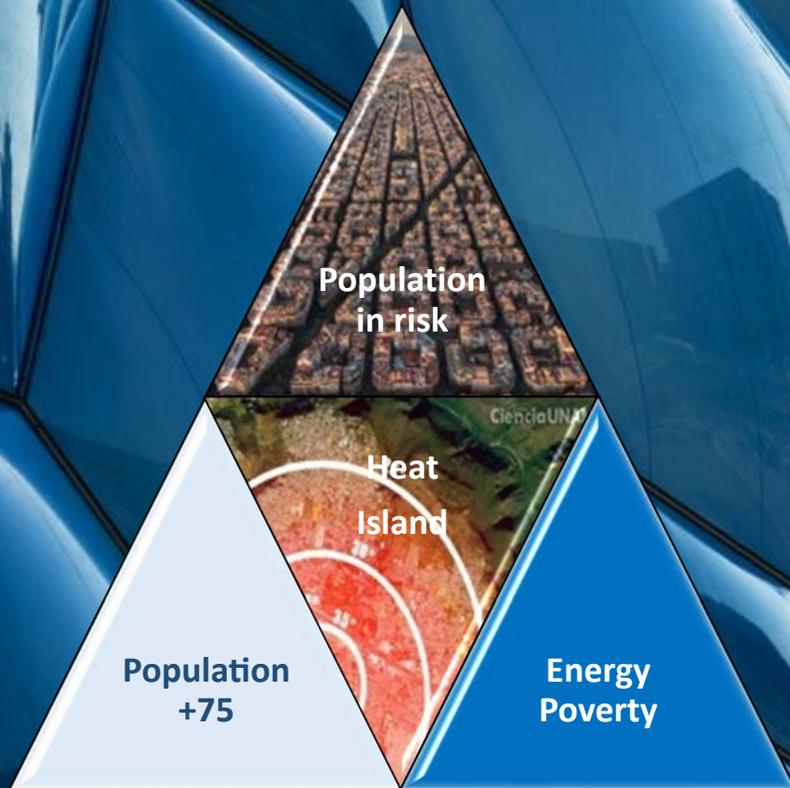
2% surface

50% population

>75% GHG emissions



# HEAT ISLAND EFFECT





UNIVERSITAT POLITÈCNICA  
DE CATALUNYA  
BARCELONATECH  
UNESCO Chair on Sustainability

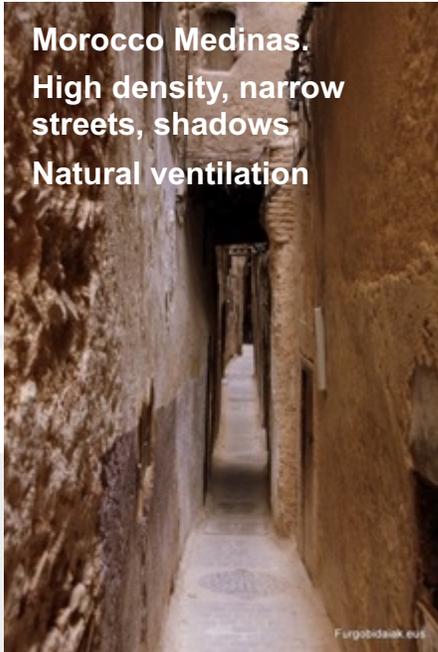


# CAN WE LEARN FROM THE PAST TO ADAPT TO FUTURE?





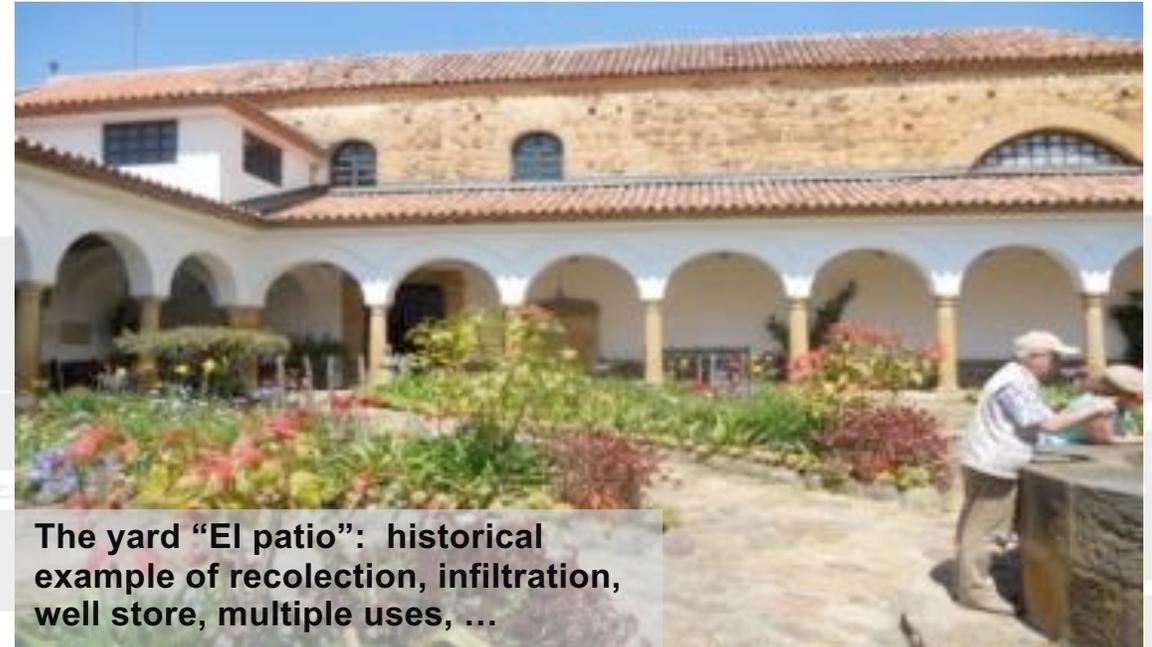
# SETS – SOCIO-ENVIRONMENTAL & TECHNICAL SYSTEMS ... & CULTURAL



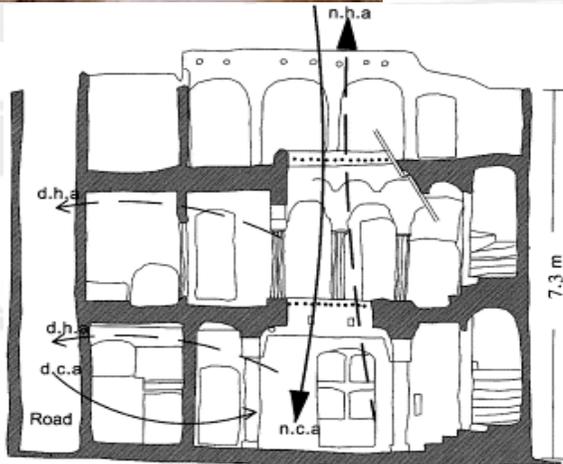
Morocco Medinas.  
High density, narrow streets, shadows  
Natural ventilation

**Human beings have been historically able to adapt to extreme conditions.**

Understanding **how a local population have been co-existing with extreme events and conditions in the past, managing and adapting to their environment.**



The yard “El patio”: historical example of recolection, infiltration, well store, multiple uses, ...



Recover, understand and transfer the specific socio-ecological-cultural and technical systems (SETS), the **intangible heritage**, basic to improve climate adaptation



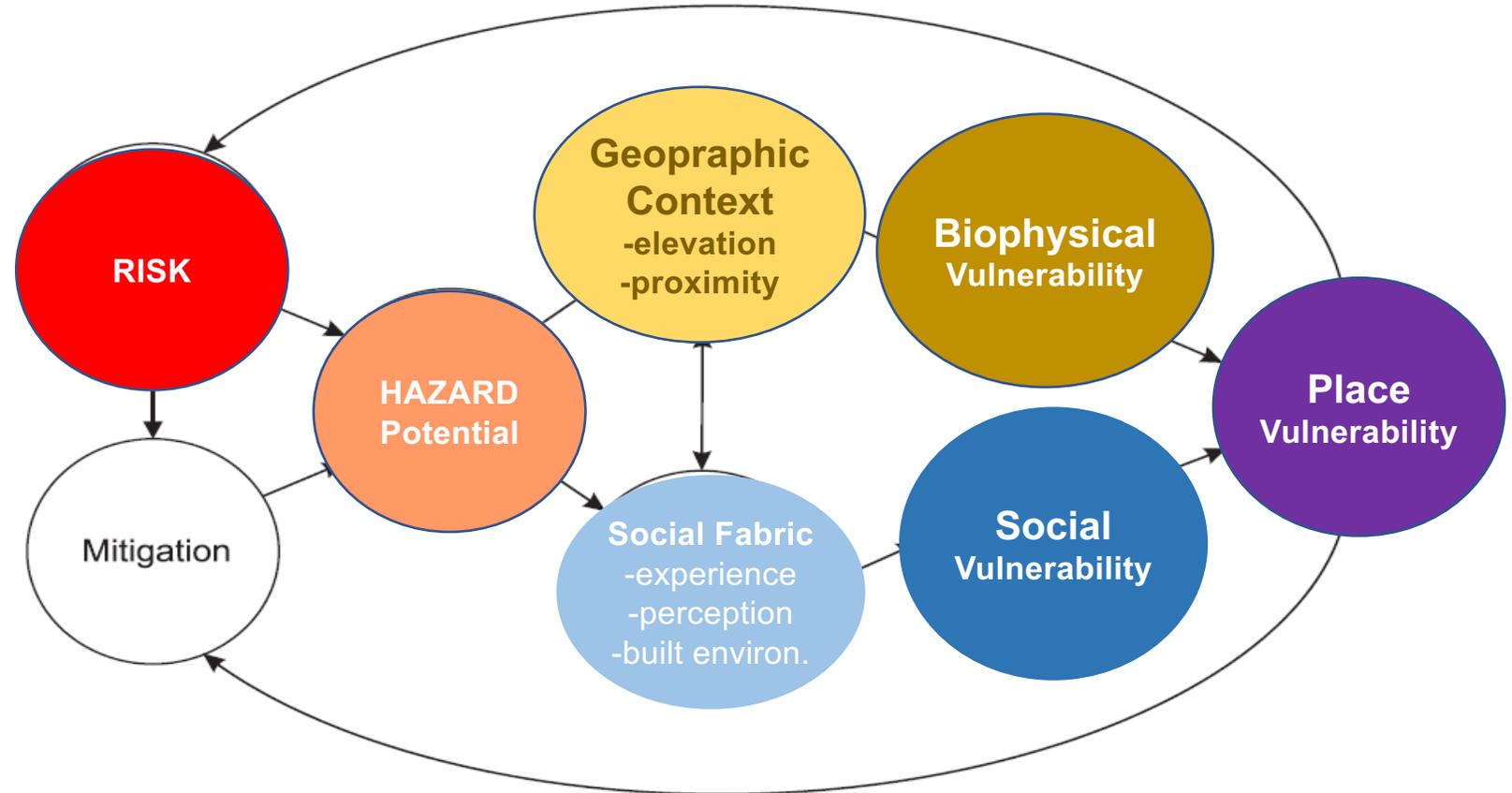
Knowledge of the specific socio-cultural and technical system of an area is essential to understand how a **local population has coexisted with extreme events** in the past, **managing their adaptation to the environment.**



*Community experience in the face of different threats and its capacity to confront, recover and adapt.*

**Social Fabric:** Experience of community with different threats, and its capacity to confront them, to recover and to adapt (to the presence and to the effects).

**The place:** Physical geography and its characteristics of built territory.



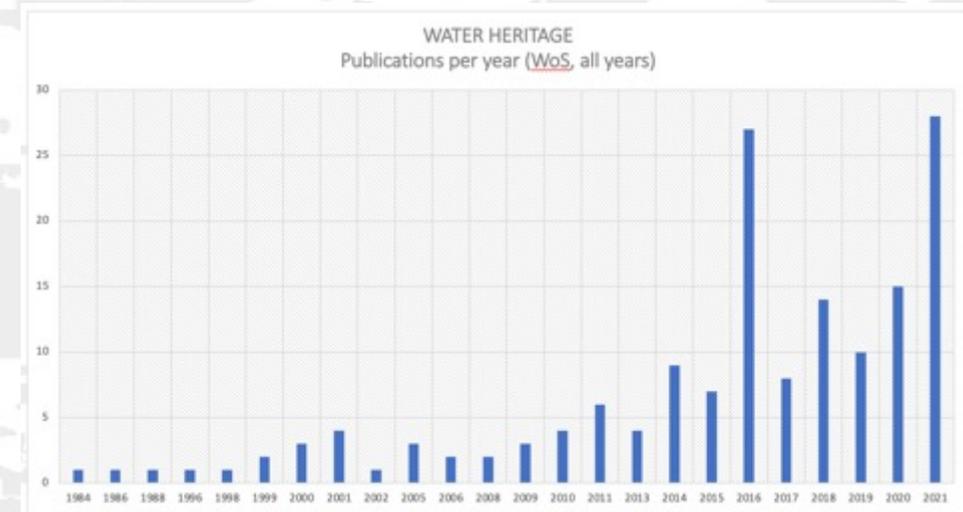
Hydro-Technologies (45)

**Water Heritage (172)**

Hydraulic Heritage (21)

Ancestral Water (24)

Ancient Water (24)





# MEDITERRANEAN AREA WATER HERITAGE



## Water Heritage (172) by country



# Hydraulic heritage – 21

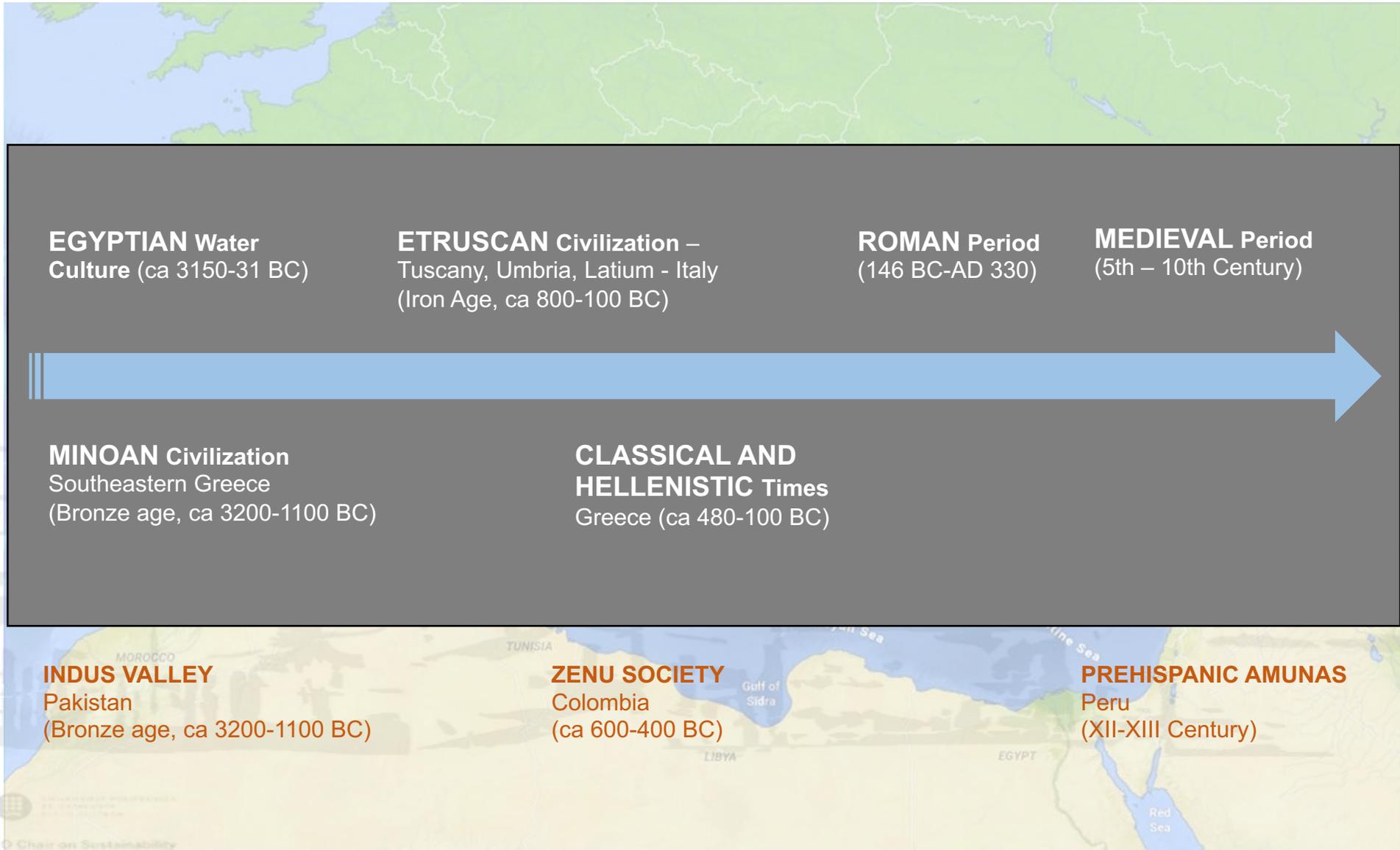
# Hydro-technologies – 45



# Ancient Water - 24

# Ancestral Water - 24

# MEDITERRANEAN AREA WATER HERITAGE

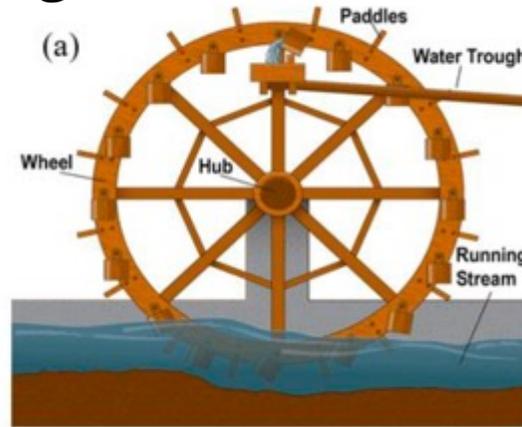


## Hydrotechnologies – Water Engineering

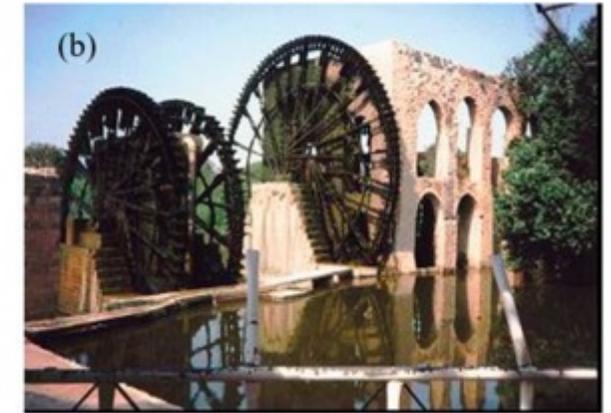
### 1. Water Lifting Devices for Irrigation



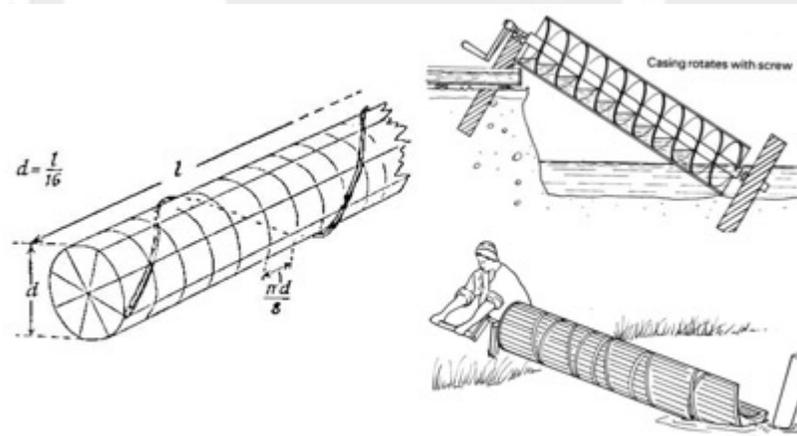
Shaduf for lifting water in ancient Egypt (1500 BC)



Hama on Orontes River in Syria



Paddle-driven water-lifting wheels had appeared in ancient Egypt by the 4th century BC. The Egyptians inventing the water known as sakia or Noria



Archimedes screw, as described by Vitruvius, and similar devices

## 2. Water Management for Irrigation

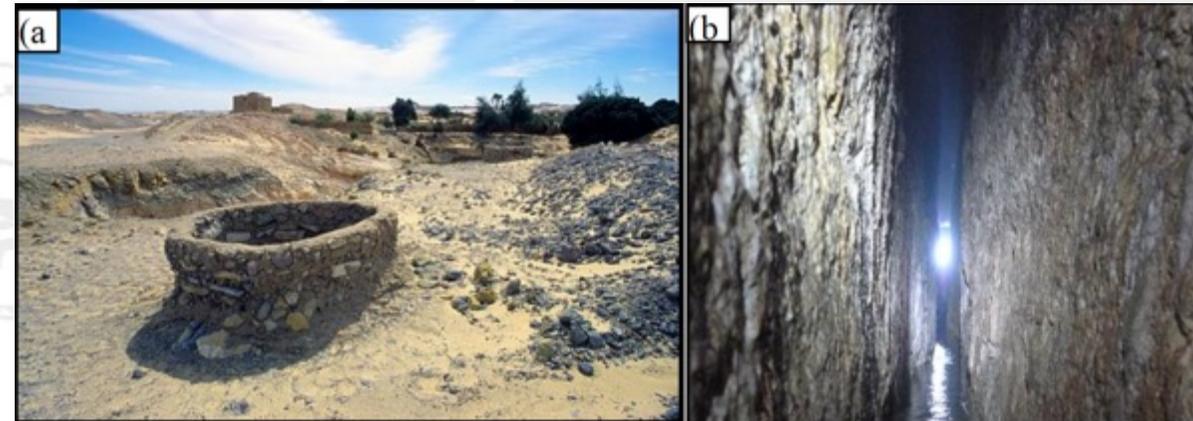
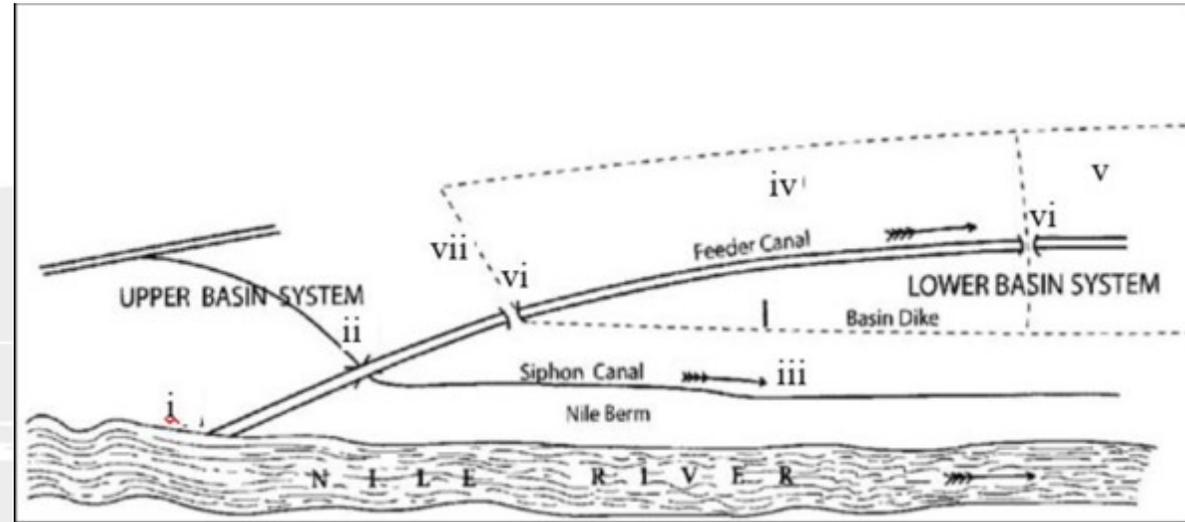
The **artificial irrigation** is considered to have been established by the 1st Dynasty in Egypt. **Artificial flooding and draining** were developed by using sluice gates and water contained by longitudinal and transverse **dikes**.

## 3. Agriculture

Due to their developed basin irrigation, ancient Egyptians are considered as the first people who were able to farm large-scale land.

## 4. Aqueducts – Underground Aqueducts (Qanats)

A qanat taps into groundwater in a manner that efficiently delivered large quantities of water to the surface without the need for pumping: The water drains by gravity, typically from an upland aquifer.



**5. Urban Water Treatment** The Egyptians first discovered the **principle and the basis of coagulation** (after ca. 1500 BC). They used a chemical alum to settle suspended particles. This device caused settlement of “pollutants” of the water and purified water was siphoned and collected for reuse.

Alexandria’s water supply was carried out through the Nile river of 12 km apart. The Nile water was stored in **hundreds of cisterns** through channels (500 cisterns). Sedimentation cisterns were probably used at that time.

**6. Water Supply & Drainage System**

**7. Rainwater Harvesting**



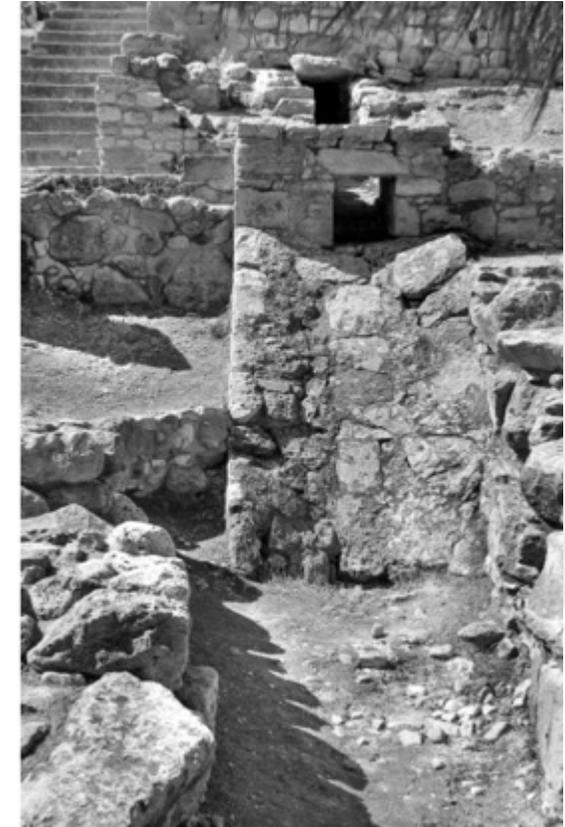


## Minoan Civilization – Southeastern Greece (Bronze age, ca 3200-1100 BC)

### *Urban Hydrotechnologies - Hydraulic operation of water supply, sewerage, and drainage systems in Minoan palaces, cities, and other settlements*

**First evidence of the use of water and wastewater technologies such as aqueducts, water cisterns, water harvesting and distribution systems, as well as sewerage and drainage systems is in the Minoan Era.**

These technologies were further developed by the Greeks over time, peaking during the Etruscan and Hellenistic periods.



Minoan **central sewerage and drainage systems**: at palace of Phaistos (left) and at palace of Knossos (right).



## Minoan Civilization – Southeastern Greece (Bronze age, ca 3200-1100 BC)

**Network of roads, which were well drained, and had water and sewage distribution systems.**



Streets with paved roads including rainwater drains



***Advanced water supply and sanitation technologies were practiced in Minoan Greece and the Indus Valley during the Bronze Age***



# Minoan Civilization – Southeastern Greece (Bronze age, ca 3200-1100 BC)

## ***URBAN HYDRO-TECHNOLOGIES: Water Supply & Distribution***

### **1. Cisterns, Reservoirs, and Rainwater Harvesting**

Cisterns to store both rainwater and spring water



***Dry climates are generally more convenient and healthier as they protect resident populations from water-related diseases. Technology of storage of surface runoff rainwater as well as that of transporting water by aqueducts was advanced.***

### **2. Aqueducts**

Long-distance systems for transporting water to the urban areas. Conduits carried water from mountain springs to cities, using open channels and closed pipes.

### **3. Dams**

Make the cities more adaptive to flood hazards, and to improve the living standards of the people. Stones/clay mortar

- (a) small dams to intercept runoff waters in the seasonal streams
- (b) larger dams for collecting and storing water
- (c) dams for diverting surface water, mainly from rivers

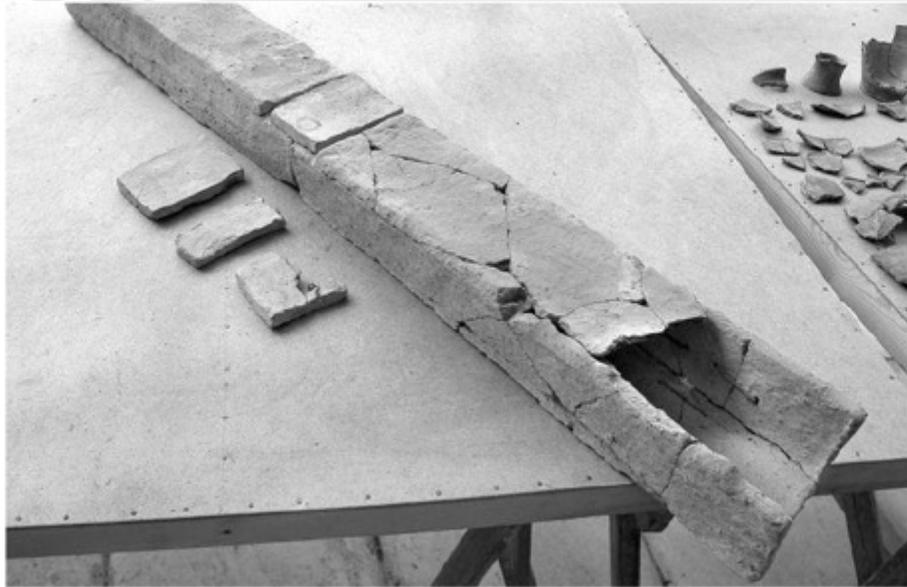


# Minoan Civilization – Southeastern Greece (Bronze age, ca 3200-1100 BC)

## ***URBAN HYDRO-TECHNOLOGIES: Water Supply & Distribution***

**4. Wells.** The water supply in the southeastern Minoan Crete was dependent on groundwater.

**5. Water Distribution and Fountains.** Both the Minoan and Indus Valley civilizations used terracotta pipes for water distribution systems in entire cities, placed under the floors at depths up to 3 m





# Minoan Civilization – Southeastern Greece (Bronze age, ca 3200-1100 BC)

## URBAN HYDRO-TECHNOLOGIES: Water Sanitation

### 1. Sewerage & Drainage Systems (fully functional today!!)

The sewers and drains were large enough to allow humans to enter for maintenance and cleaning.

### 2. Bathrooms

### 3. Toilets or Lavatories

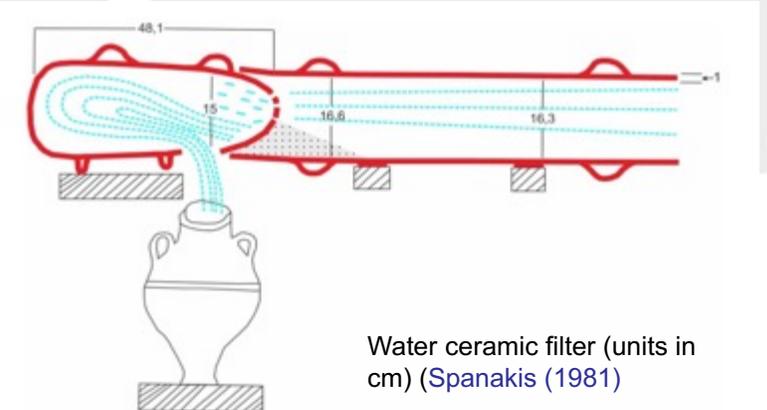
Communal lavatories constructed and controlled by the municipalities



### 4. Disposal and Reuse Sites

Land application of sewage for agriculture irrigation

### 5. Water Treatment – Hydraulic Ceramic Filter



Water ceramic filter (units in cm) (Spanakis (1981))



## Minoan Civilization – Southeastern Greece (Bronze age, ca 3200-1100 BC)

### **LESSONS LEARNED**

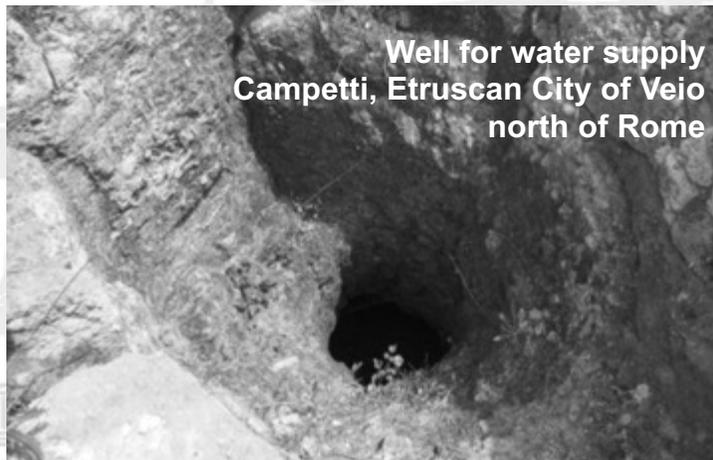
- (a) These civilizations understood the **importance** of sanitation, water supply, and drainage and sewerage systems **for human survival and well-being** and made these an **essential part of urban planning to achieve water resource sustainability**;
- (b) **Water quality and security** as one of the critical aspects of the design and construction of their water supply systems.
- (c) A **combination and balance of smaller scale measures** (such as cisterns for water harvesting systems) **and the large-scale water supply projects** (such as reservoirs for storage of aqueduct flows) were used by many ancient civilizations thereafter;
- (d) **Water technologies** were characterized by **simplicity, ease of operation**, and the requirement of no complex controls, making them more sustainable



# Etruscan Civilization – Tuscany, Umbria, Latium - Italy (ca 800-100 BC)

Iron Age (ca 800-100 BC)

***Drainage and sewerage systems developed by the Etruscans were based both on a coordinated and comprehensive planning of the slopes of drainage channels on the sides of streets as well as on a massive use of drainage tunnels.***

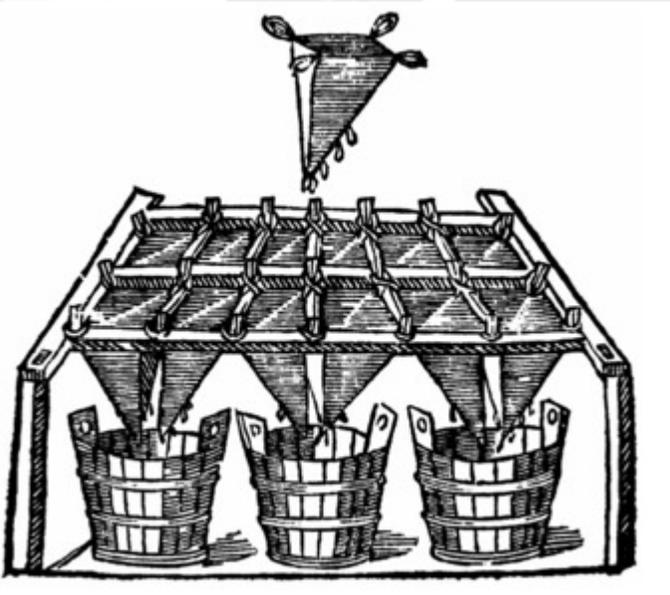


Well for water supply  
Campetti, Etruscan City of Veio  
north of Rome

**Minoans and Etruscans lived in harmony with nature and their environment and their knowledge can play an important role in the sustainable water supply, wastewater, and stormwater management of future cities.**

## Classical and Hellenistic Times - Greece (ca 480-100 BC)

**Hippocratic Sleeve.** Hippocrates invented and used the **first water filtering system**, in the form of a cloth bag about 500 BC. It was used for removing the impurities from drinking water after it was boiled.



Hippocratic sleeve (Mays 2013).

Olynthus (northern Greece) bottle-shaped **cistern with a small tank for pretreatment** including the capture of debris and sediment



(Left) plan and (Right) cross-section (Klingborg & Finné 2018).

## Classical and Hellenistic Times - Greece (ca 480-100 BC)

In all Asclepieia (medical center) the role of water and its cleanliness were crucial. In the Asclepieion in the Hellenistic city of Emporiae in the northwestern coastal area of Catalonia (Spain), the major water source was rainwater, which was stored in cisterns

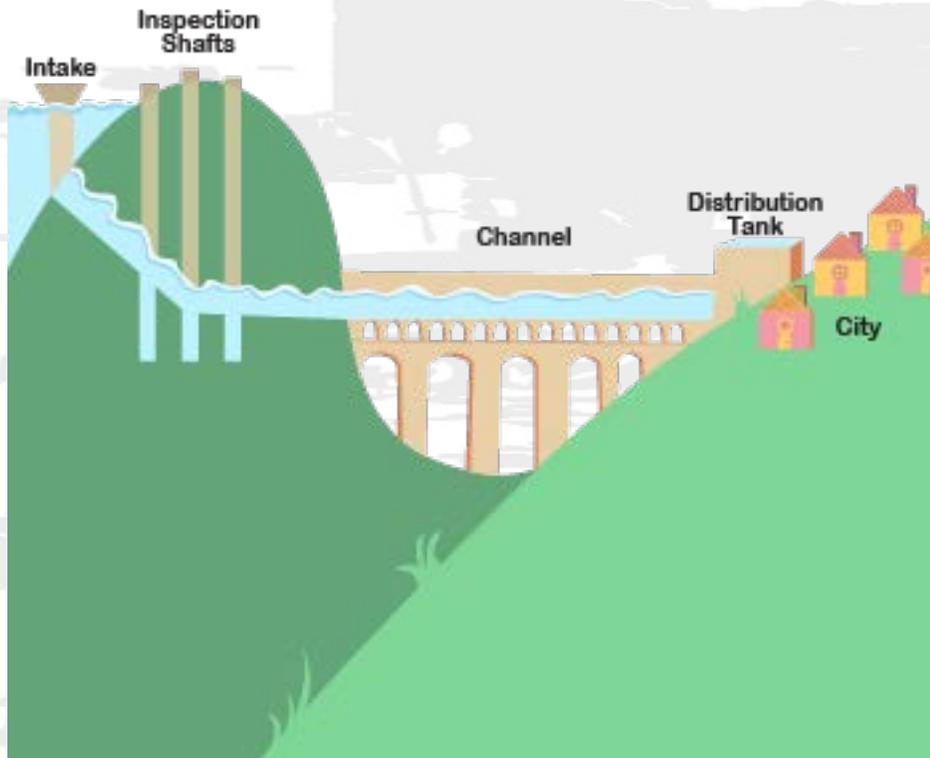
The stored water in the cisterns was treated by ceramic filters, before its use in the Asclepieion.

It is probably the first use of ceramic filters for water treatment in the world.



Cistern and ceramic water filters from the Asclepieion (medical center) in the Hellenistic city of Emporiae in northwestern Catalonia, Spain

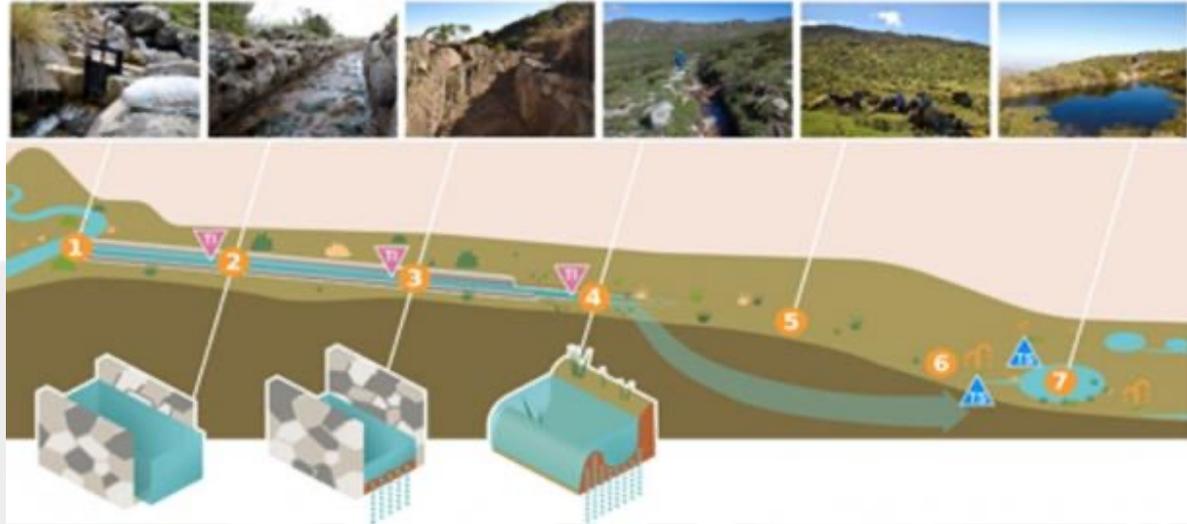
Romans developed and improved the technology of the Hellenistic period **from small to large scale**. **Aqueducts** were the most common technology of water supply in Roman cities. Water sources included springs, percolation wells, dams, and weirs on streams.



Segovia aqueduct, Spain

# ANCESTRAL HYDROTECHNOLOGIES: AMUNAS

## AMUNAS Perú Prehispanic Recharge Channels

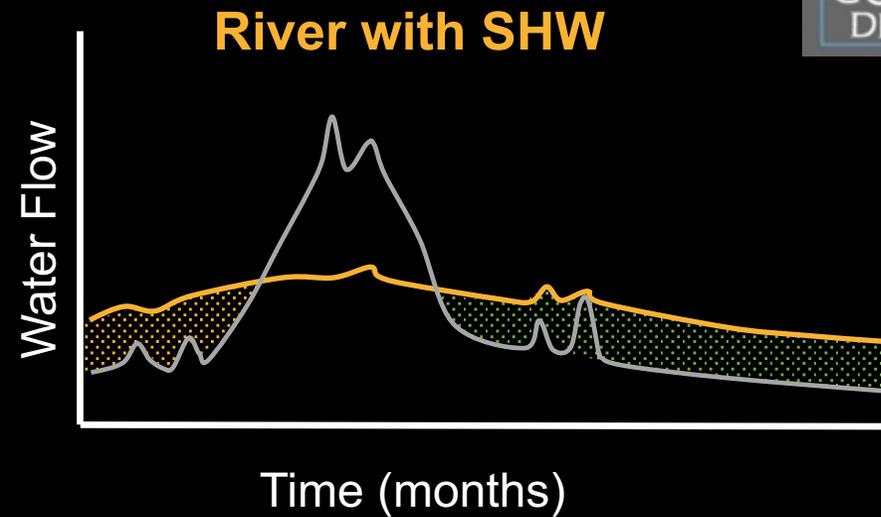


**AMUNAS - Raining harvesting** above 4,400 meters through **ditches**, taking water to previously identified areas with fractured rocks on the mountain.

Upon entering the rock, the **water slowly moves within it to emerge, months later, through the springs (springs or puquios)**, that are between 1,500 and 1,800 meters below.

**1 km Amuna**  
**225.000 m<sup>3</sup> /year**

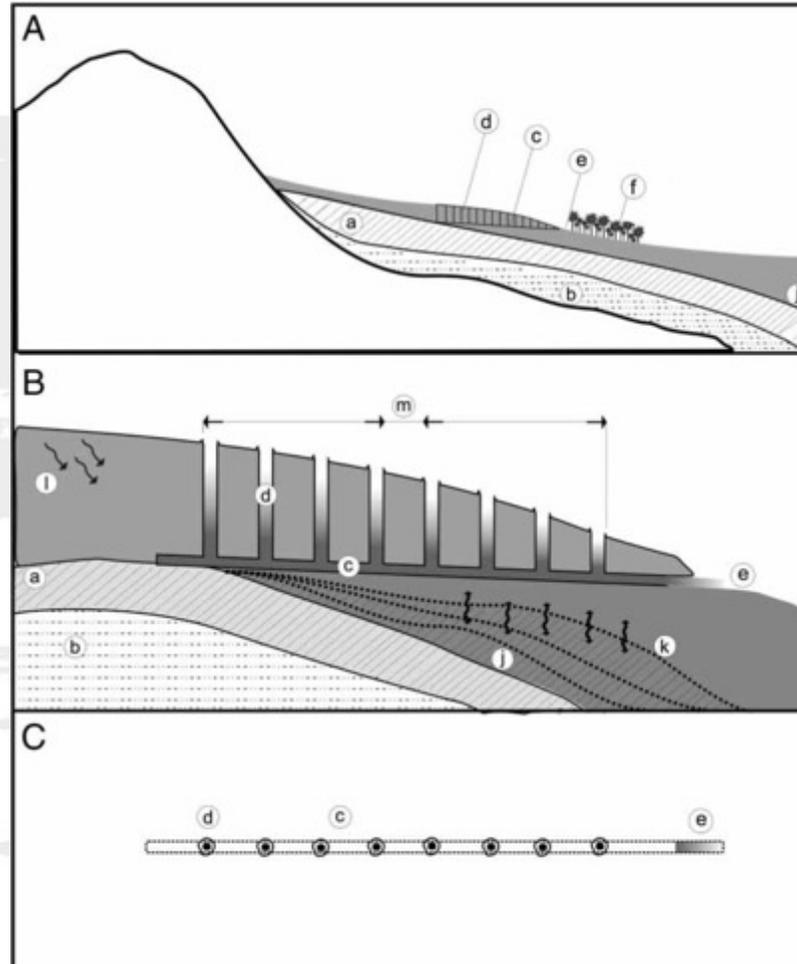
## SOWING AND HARVESTING WATER



# ”Khattara” sustainable alternative for arid regions

Located in semi-arid region in the south and east of the country, the Moroccan oases are characterized by **severe aridity and scarcity of water resources**.

**Adaptation to aridity constraints** through the development of knowledge and heuristic expertise on a traditional **water supply system called ‘Khattara’**.



Longitudinal section of a Khattara (Loureano 2005).

A: position of the tunnel, section view;  
 B: detail of the section view;  
 C: overhead view;

- a: aquifer;
- b: impermeable layer;
- c: horizontal tunnel;
- d: vertical shafts;
- e: surface channels;
- f: settlement and/or irrigated area;
- j: aquifer level;
- k: fluctuations in aquifer level;
- l: water influx from the slope;
- m: variations of the filtering and conveying segments.)

# Water Wheels – Murcia, Spain (XIX century)

Water Wheels and rafts adapted to the shortage of water resources and the geographical characteristics (semi-arid climate)

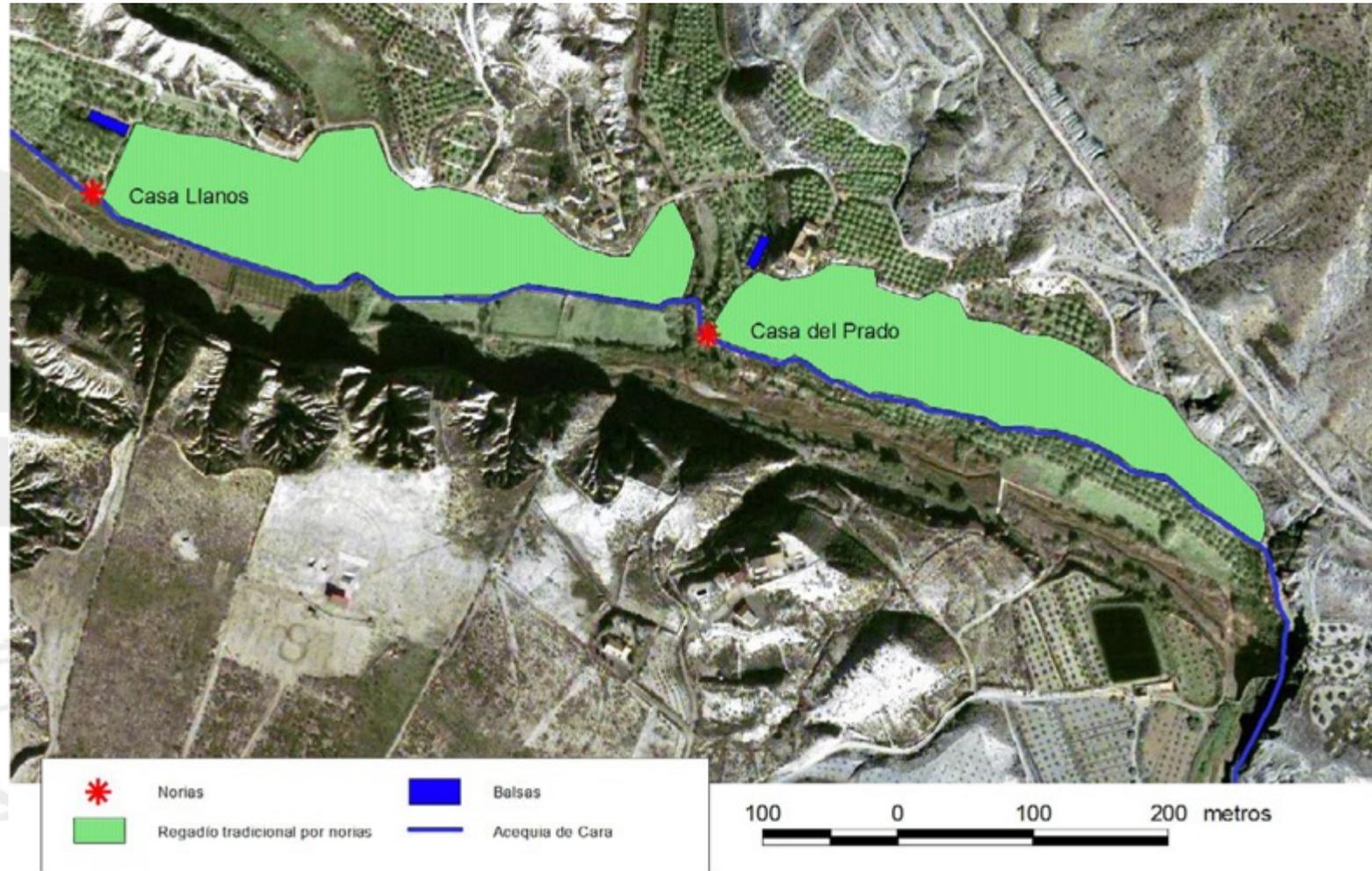
Many of these devices stopped working during the twentieth century, presenting today a state of abandonment and ruin

Instantánea de 1925 de la Noria de Escilache, en el paraje de Levaura o Levadura



Imagen de Alfonso Férrez. Archivo de Ricardo Montes.

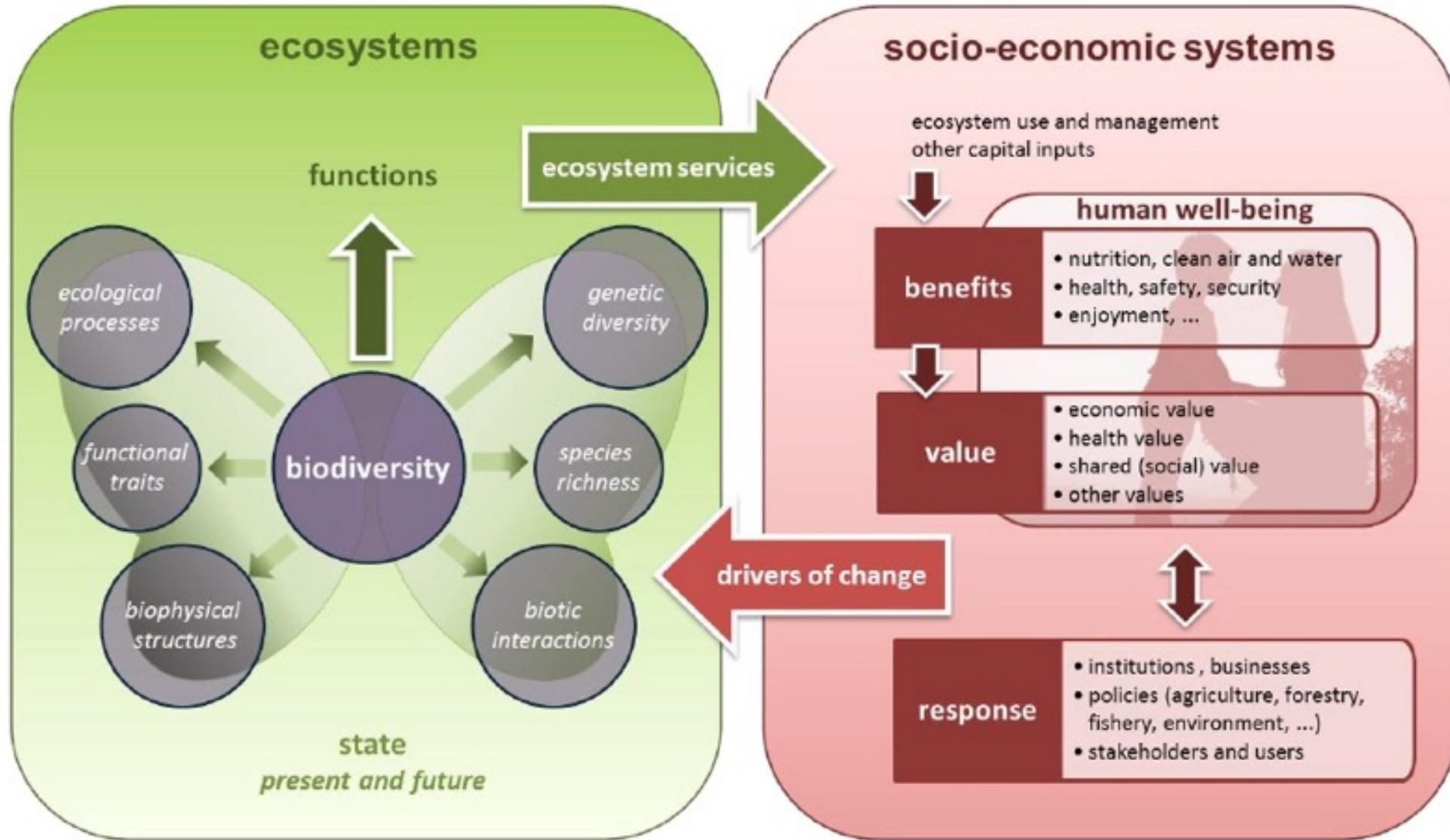
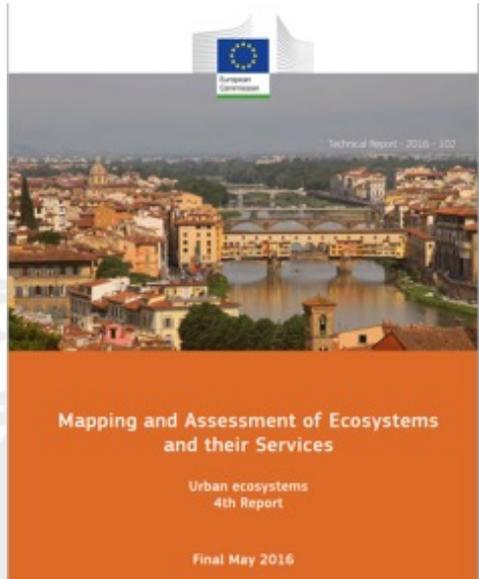
Traditional irrigated landscapes



First part of XIX century

**HOW CAN WE EXTEND THE  
USE OF ANCESTRAL  
HYDROTECHNOLOGIES FOR  
CLIMATE EMERGENCY?**

# Ecosystem Services



# International Agenda for Sustainability



Sustainable Development

TRANSITION TO URBAN RESILIENCE



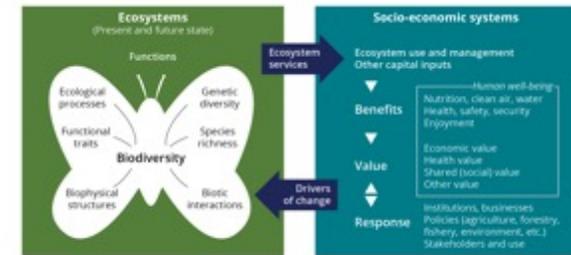
Climate Change



Circular Economy



Urbanization



Ecosystem Services  
Nature Based Solutions (NBS)

# Biomimicry – NATURE INSPIRING

Appropriate Technologies

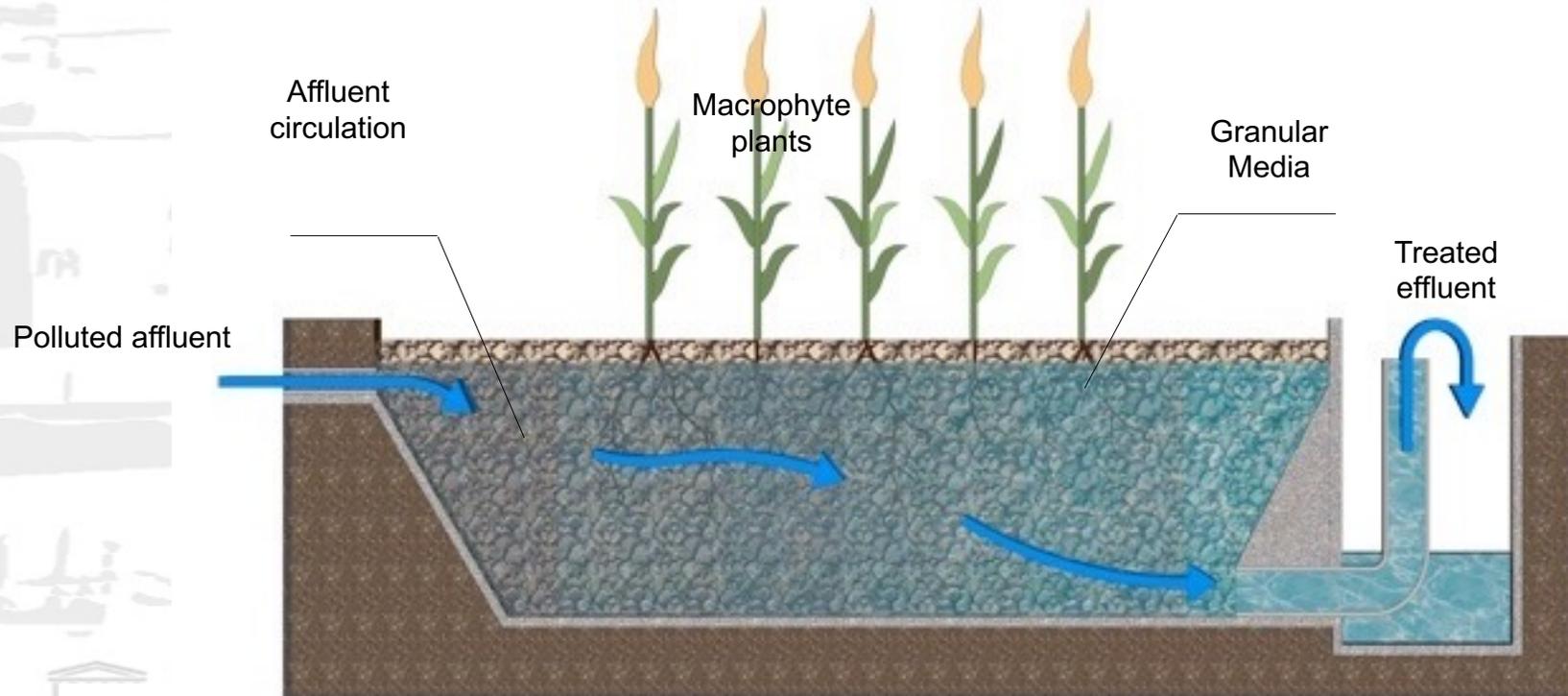
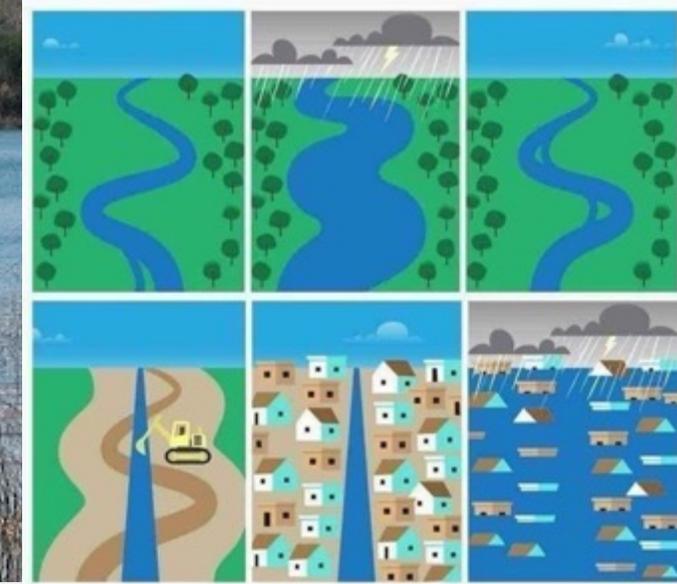
## Nature-Based Solutions

Ecohydrology

Ecotechnologies

Phytotechnologies

Bioengineering



**TREATMENT  
WETLANDS FOR  
POLLUTED  
EFFLUENT  
TREATMENT**



# NATURE BASED SOLUTIONS

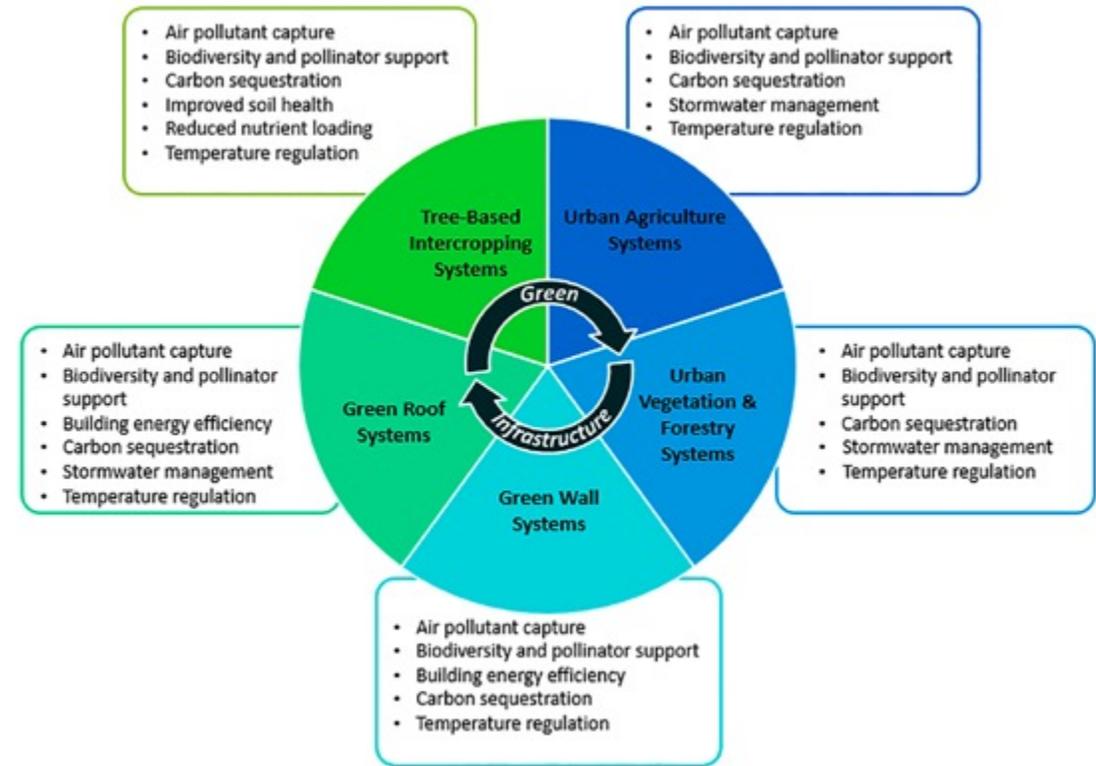
**NATURE BASED SOLUTIONS**

European Commission

- Good for biodiversity:** Deployment of urban green infrastructure increases habitat for nature.
- Good for disaster risk reduction:** Coral reefs dissipate more than 97% of wave energy. (Nature communication, 2014)
- Good for our health:** Health benefits from NBS include:
  - reduced depression,
  - mental health improvement,
  - reduced cardiovascular morbidity,
  - improved pregnancy outcomes,
  - obesity and diabetes reduction.
- Important for jobs and business:** Over 56,000 jobs created through the Emscher Landscape Park in North Rhine Westphalia region in Germany. (WFP ILO Report: Nature Work, 2020)
- Vital for the climate:** 37% of climate mitigation needed until 2030 to keep global warming below 2°C. (IPCC GA 5PM key message III, 2018)

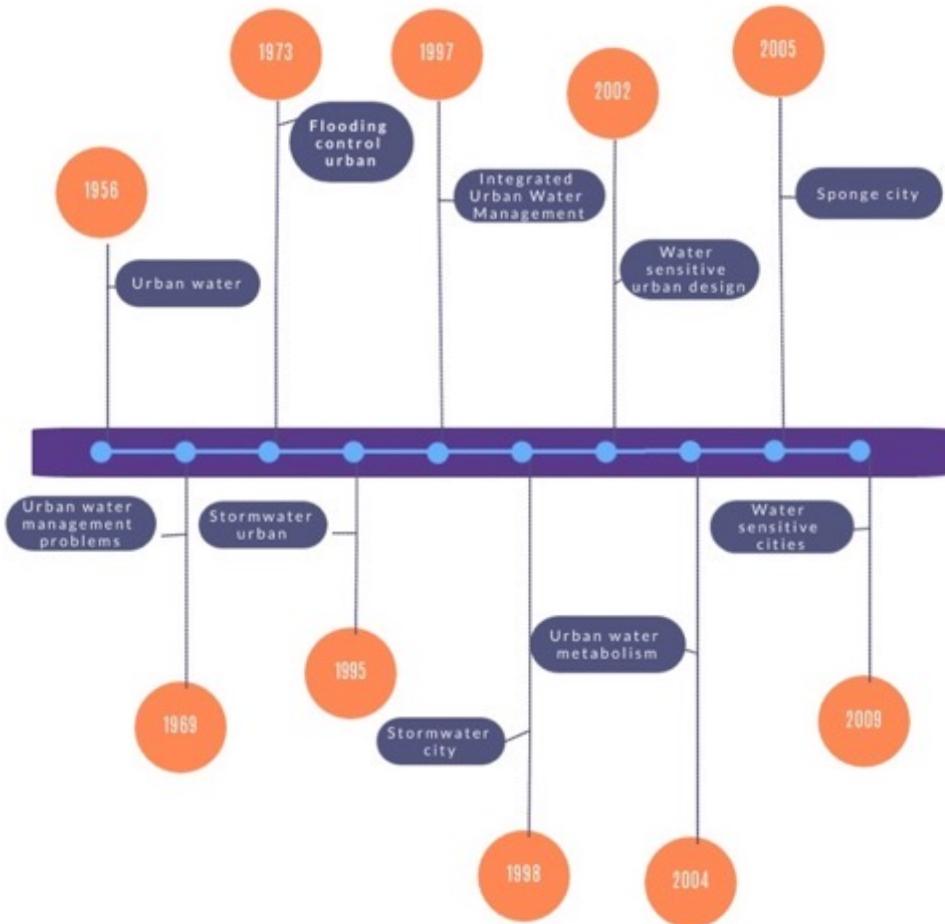
References:

- ENLPSIE, An impact evaluation framework to support planning and evaluation of nature-based solutions projects, 2017, <https://bit.ly/3d4b0tC>.
- IPCC Global Assessment on Biodiversity and Ecosystem Services, Status and Trends - Nature's Contributions to People (NCP), 2019, <https://bit.ly/3b78ba>.
- Nature communications, The effectiveness of coral reefs for coastal hazard risk reduction and adaptation, 2014, <https://doi.org/10.1038/ncom25923>.
- WFP & ILO, NATURE WORK: How Nature-based Solutions can power a green jobs recovery, 2020, <https://bit.ly/3k7CND>.

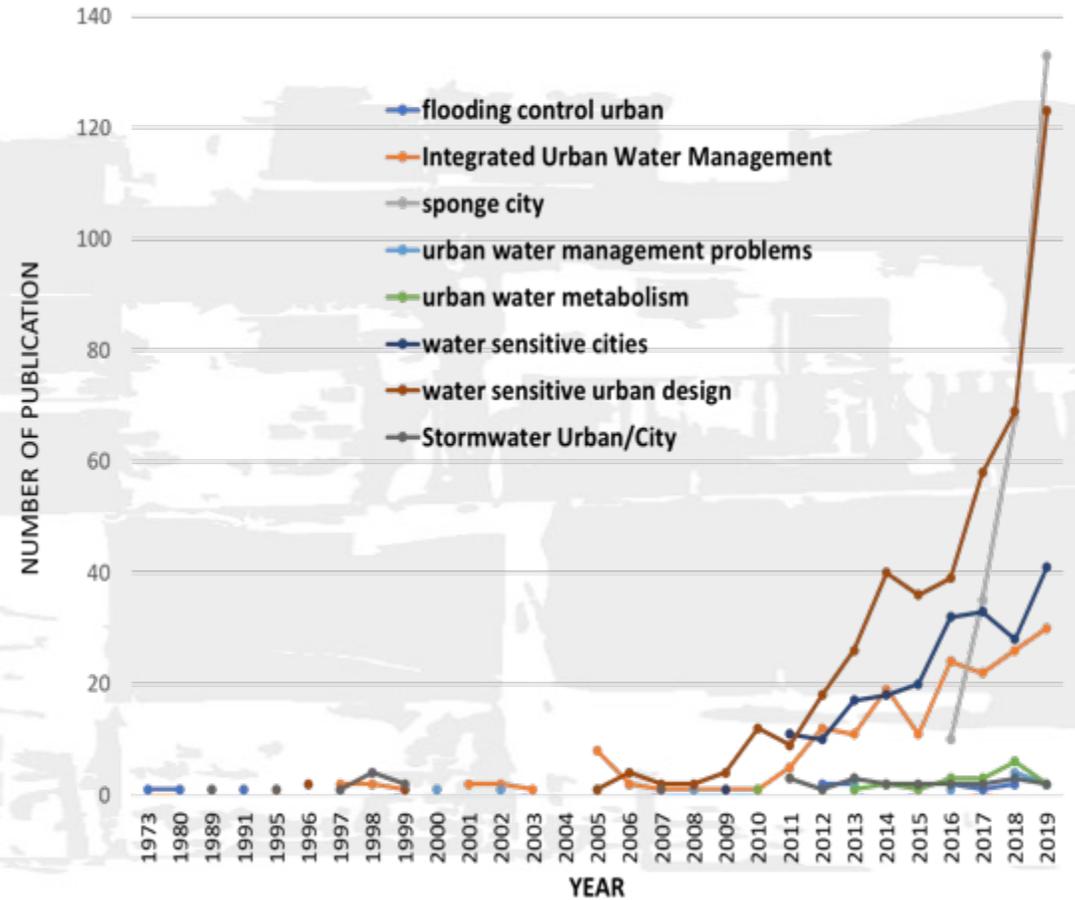


**Living solutions** inspired by, continuously supported by and utilizing Nature, designed to address societal challenges in a resource efficient and adaptive manner, while providing economic, social and environmental benefits (EC, 2015)

# WATER SENSITIVE URBAN DESIGN– SPONGE CITIES



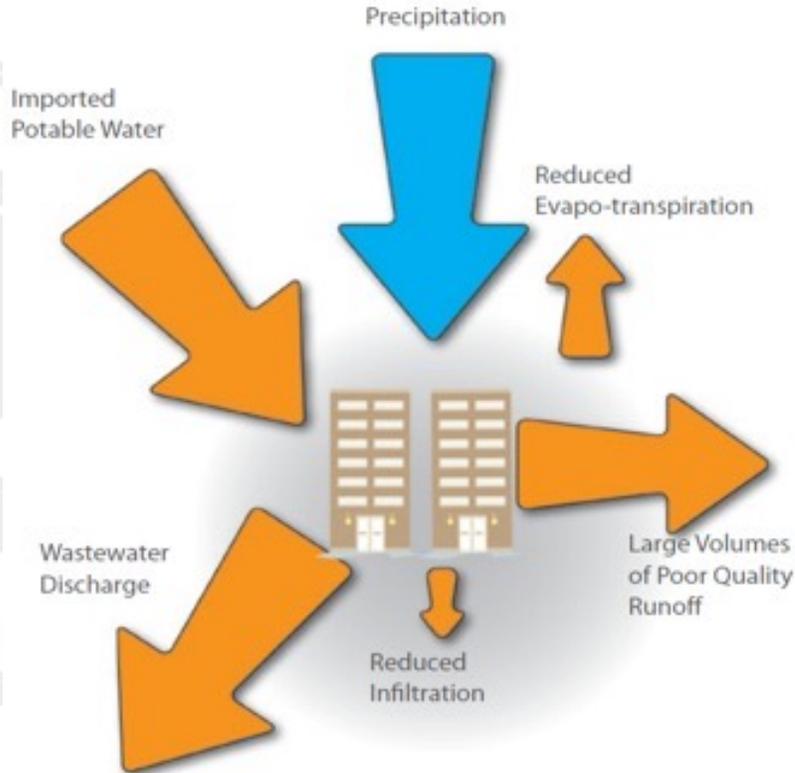
PUBLICATIONS/YEAR



# WATER SENSITIVE URBAN DESIGN – SPONGE CITIES

Restore / regenerate the natural balance of water in urban areas  
 Increase technical and social resilience

Urban Water Balance

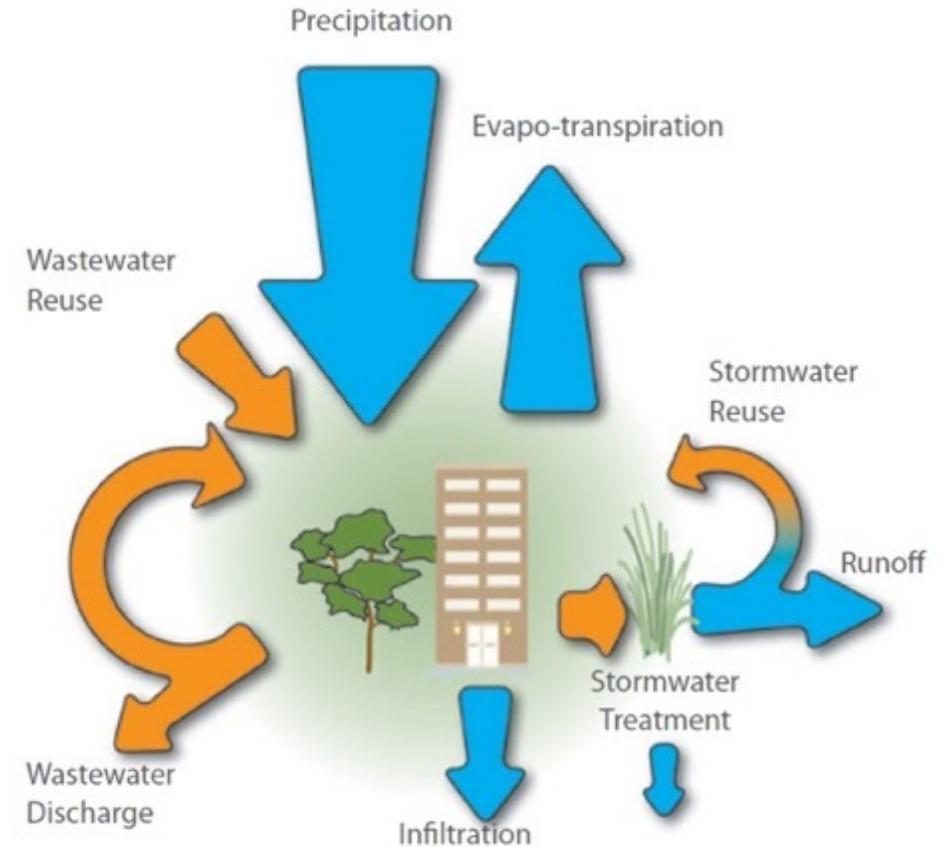


**+Vegetation  
 + Permeability**

**Use of rainwater  
 - use of imported water**

**Sustainable sanitation  
 Close cycles  
 Wastewater reuse**

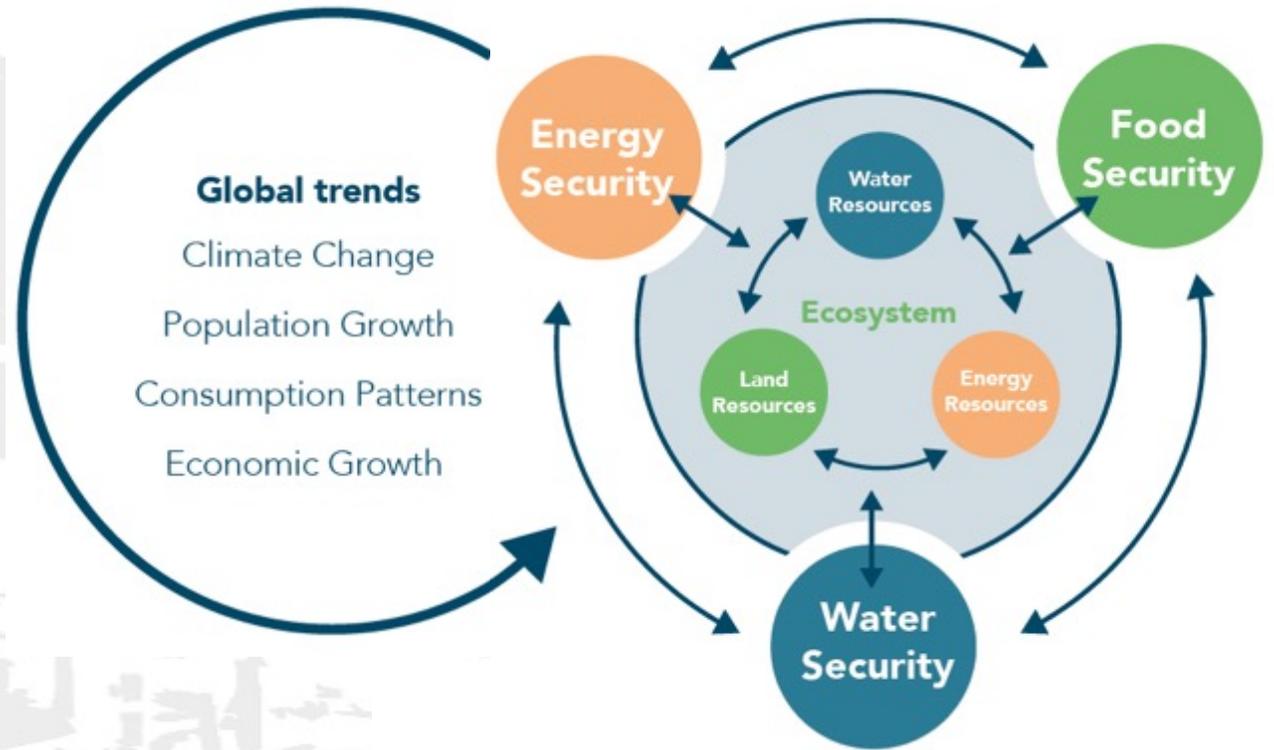
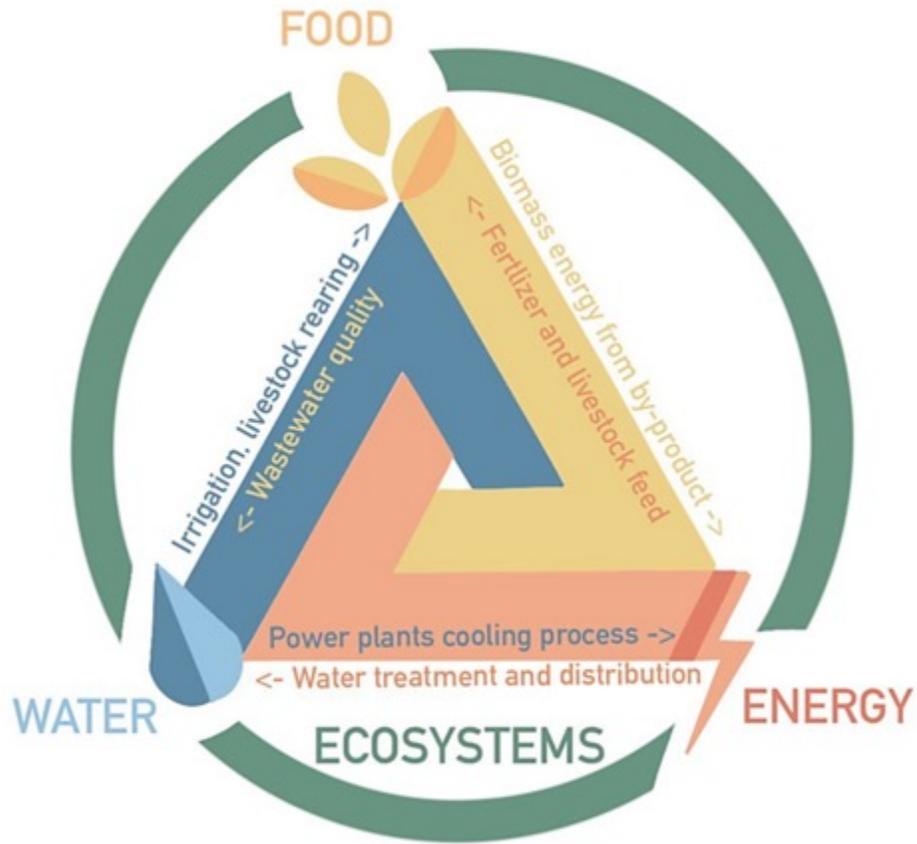
WSUD Water Balance



# WATER SENSITIVE URBAN DESIGN



# WEFE Nexus Water - Energy – Food - Ecosystems





# Ancestral Hydrotechnologies: Hydraulic Zenú System

*Zenu Society - 400-600 bC*

Barcelona, La Mojana - Sucre (Colombia)

*Complex hydraulic system  
(over 500.000 Ha)*

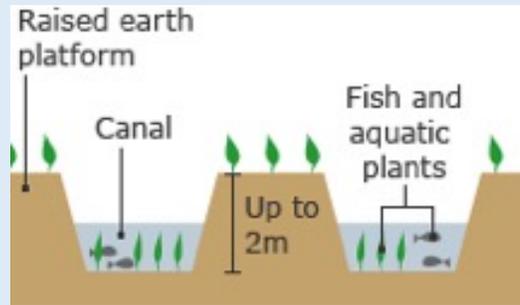
*Flooding Control*

**ANCESTRAL CULTURES**  
*Harmony with land*

# Ancestral Hydrotechnologies: Hydraulic Zenú System

*Rainy Season*

*Seeds and crops are protected from being washed away*



**Turning excess water to advantage (400 bC)**

*Large expanses of land under water for several months, no crops left.*



**Problems in both seasons, flooding in winter, drought in dry season (Today)**

*Water and sediments are a source of irrigation and nutrients.*



*Dry Season*

*Floodwater drains nutrients, leaving a sandy soil in which is hard to grow crops*



**HOW TO APPLY?**

**Action for Transformation**  
**“Action Oriented”**

**What we can learn from the ancients, since the prehistoric times, using traditional knowledge, could be a significant factor in solving our water needs, especially for developing parts of the world.**

**Several ancestral hydro-technologies should be considered not as historical artifacts, but as potential models for sustainable water technologies for the present and the future.**

*There is a vast need for sustainable and cost-effective water supply and sanitation facilities.*

*Applicability of selected ancient water supply management systems (e.g., storage of rainfall runoff facilities) for the contemporary developing world should be seriously considered.*



**unesco**

Intergovernmental  
Hydrological Programme

# PRIORITY AREA 1: SCIENTIFIC RESEARCH AND INNOVATION

## IHP-IX Strategic Plan

of the Intergovernmental Hydrological Programme

Science for a Water Secure World  
in a Changing Environment

1.10 Conducting and sharing of research on **integrating citizen science in the hydrological discipline by the scientific community and other stakeholders** supported, to improve understanding of the water cycle enabling science based decision making.

IHP-IX will create the enabling environment and assist citizens and scientists, through enhanced water knowledge and education programmes to ensure scientific methods are used when participating in and reporting their findings to increase the contribution of citizen science to hydrology research. Training, in particular, will contribute to enhancing accuracy and validity of data.

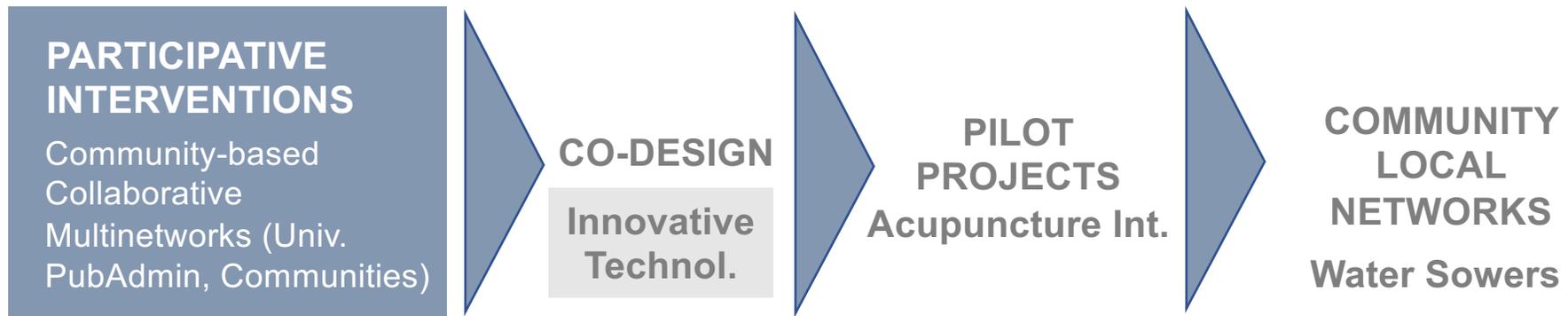
Additionally, scientific tools should be developed to encourage citizen participation and other social applications that can improve water management, such as **integrating modern science with ancestral, indigenous and local knowledge.**

# #Action for Transformation

## CULTIVATING NEW COMMUNITIES

Articulation participative transformation projects  
From Local Capacity Building

To COMMUNITY EMPOWERMENT



Sustainable development of settlements with integrated systems of multifunctional eco-infraestructures and cultivation of participatory networks and social, economic, cultural and environmental networks.

# International Conference

## Ancestral Hydrotechnologies as a Response to Climate, Health and Food Emergencies in the Mediterranean

“Use of Cultural Heritage to Rescue the Future”

---

16-17 February 2023

### Objectives

- Value the potential of ancestral hydrotechnologies
- Share examples and good practices and cases of ancestral hydrotechnologies
- Organize interdisciplinary dialogues
- Create awareness, promotion and information on the potential of ancestral technologies
- Identify elements to develop specific educational and capacity building programmes
- Develop project proposals for the rehabilitation of ancestral hydrotechnologies

1st Announcement and call for papers and case studies  
(**Timeframe**, 2022)

Deadline for submitting cases and early registration  
(November 30, 2022)

Final selection of papers  
(December 05, 2022)

2nd Call and final program launch  
(December 20, 2022)

Conference  
(February 16 - 17, 2023)

**Modality: Face to face/streaming**

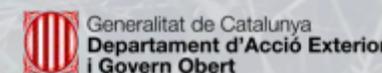
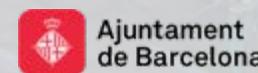
### Convened by:



UNIVERSITAT POLITÈCNICA  
DE CATALUNYA  
BARCELONATECH  
UNESCO Chair on Sustainability



### With the support of:



# Conference meeting place: BARCELONA



Park Güell



Bunkers del Carmel viewpoint



La pedrera



Montjuïc Castle



Barcelona aqueduct



Casa Batllo



# SURE NEXUS

## First Face-to-face Meeting

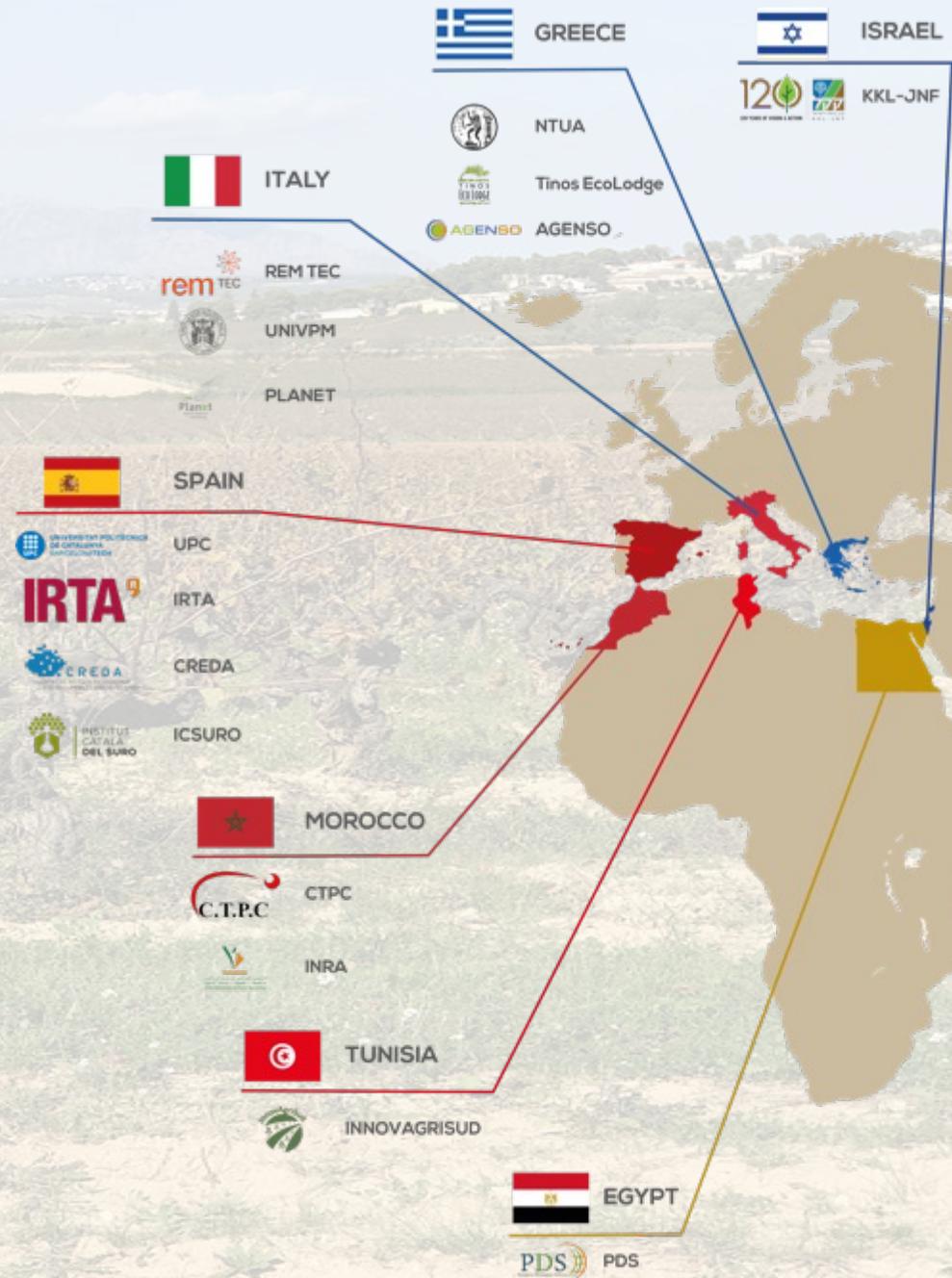
As a side event, the First Face-to-Face Meeting of the SureNexus project will be held.

## Meeting place

Barcelona and Terrassa, Spain

## Dates

February 14 and 15, 2023

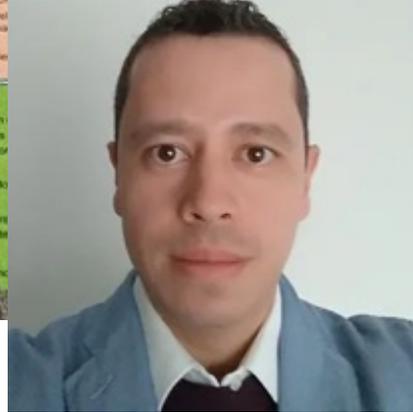




Jose Luis Martin Bordes



Rosario Pastor



Guillermo Penagos



Olga Lucía Sánchez



Luis David Díaz



Brent Villanueva

**Dr. Jordi Morató**  
**jordi.morato@upc.edu**



[www.unescosost.org](http://www.unescosost.org)